

## Life Plan Community FAQs

Learn more about Life Plan Communities, the services offered and how they can help you plan for our future.

#### What is a Life Plan Community?

A Life Plan Community is a type of senior living community that offers a full range of healthcare options right on campus, in addition to independent living.

# What health care services are offered at a Life Plan Community?



A Life Plan Community offers the full continuum of care. At The Village at Orchard Ridge—A National Lutheran Community, we offer independent living, assisted living, memory care, skilled rehabilitation services and long-term care, so we can provide the right level of care for you or your loved one all in one community.

#### What are the costs associated with a Life Plan Community?

Residents typically pay an entrance fee and a monthly fee. The monthly fee covers your residence in addition to maintenance, utilities, housekeeping, and dining. There are different types of contracts:

- Extensive Life Care cost does not change based on level of care
- Modified Life Care price increases for higher levels of care
- Fee-for-Service only pay for what you need

The Village at Orchard Ridge is a fee-for-service (Type C) community giving you lifetime priority access to all of the services and amenities on campus. Our fee-for-service program lets you pay for health care services only as needed.

### What amenities are included at a Life Plan Community?

One of the perks of living at a Life Plan Community is that residents usually have access to all of the community's programs and amenities such as fitness centers, pools, fitness and wellness classes, art programs and much more.

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Call 540-486-2956 or visit: www.thevillageatorchardridge.org

Some of the campus amenities at The Village at Orchard Ridge include:

- Restaurant-style dining, a bistro café and a house pub
- Engage Center wellness hub
- Aquatic Center
- Fitness classes
- Arts and enrichment studios
- Billiards room
- Salon and massage studio
- Beautiful outdoor spaces and walking trails
- Chapel and meditation garden
- Dog park
- Spiritual labyrinth
- Health Center for Medical and Rehabilitation Services
- Bible study, book clubs, educational lectures, exercise classes, interactive games and happy hours

#### Are pets allowed?

Many Life Plan Communities do allow pets but check their pet policy and guidelines to be sure. The Village at Orchard Ridge allows both dogs and cats in apartment homes and cottage homes.

Contact The Village at Orchard Ridge to learn more about our Life Plan Community.



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The Village at Orchard Ridge is affiliated with National Lutheran Communities & Services, a faith-based, not-for-profit ministry of the Evangelical Lutheran Church in America, serving people of all beliefs.